



[comfort zone]

SKIN SCIENCE SOUL

sublime skin

renewing

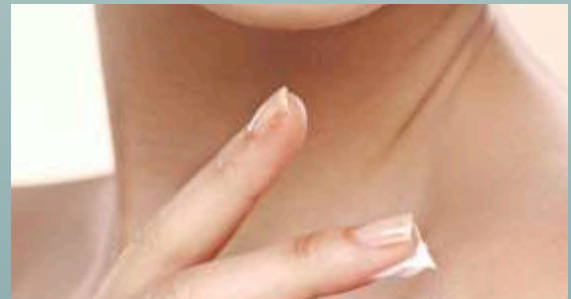
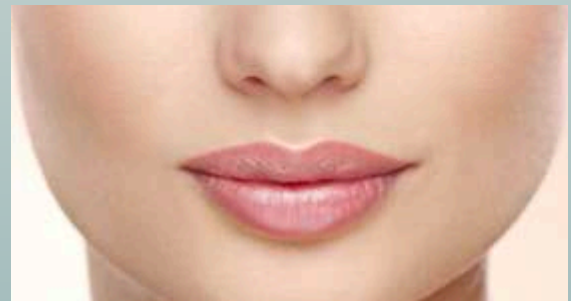
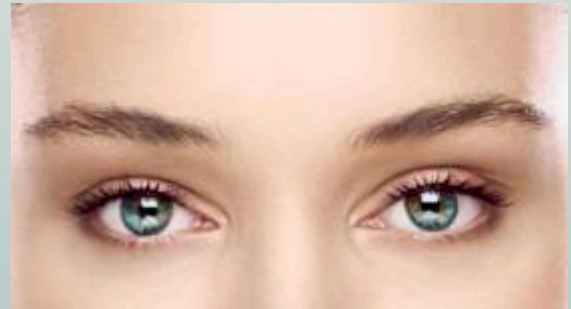
replumping

firming

skin architecture

face & body

treatments / holistic health



*they may forget
what you said,
or what you did,
but they will
always remember
how you made
them feel.*



Photograph supplied by David Moss
www.DaveMoss.co.uk

Face

your **expert** care

Rebalance

Skin Resonance (60 Minutes) **£55**

Reinforcing treatment for sensitive and delicate skin. A soothing, rebalancing and protective treatment recommended for reactive skins prone to redness, rosacea and fragile capillaries. The skin is balanced and visibly calmed, toned and nourished with a pleasant feeling of wellbeing.

Purify

Active Pureness (60 Minutes) **£50**

An intensive yet delicate treatment for deep cleansing and rebalancing the skin. Recommended for oily and impure skins to purify, regenerate and to rebalance sebum and hydration levels. The facial results in a luminous, smooth and uniform appearance.

Hydrate

HyDRAMemory (60 Minutes) **£50**

A deep hydrating treatment for face, neck and décolleté to replace moisture. The hydra balance of the skin is restored and the skin is beautifully luminous and toned with a fresh, youthful complexion.

Nourish

Recover Touch (60 Minutes) **£55**

A powerful anti-oxidant and vitamin rich facial treatment featuring goji berry, which deeply repairs and replenishes while soothing and nourishing the skin. Particularly recommended for dry, depleted skins and offers seasonal repair for damaged skin following exposure to extreme heat/cold temperatures.



your **Anti-Ageing** solutions

Sublime Skin Deluxe Lift (75 Minutes) **£80**

Our state of the art, ultimate anti-ageing facial combines new Archi-lift™ technology with the renewing effects of the double peel for an instant replumping effect. Ideal for mature skin with visible signs of ageing, this firming facial stimulates cellular regeneration using the exclusive active lift massage technique to smooth and tone skin. The result is smoother, radiant, more youthful skin.

Sublime Skin Active Lift (60 Minutes) **£60**

A powerful lifting facial targeting sagging cheeks, jowls, chin and neck for a visible rejuvenating effect. The advanced mask helps to oxegnate skin cells and gives an instant firming effect. The result is a beautifully nourished, illuminated, firmer and lifted skin.

Sublime Skin Double Peel (45 Minutes) **£45**

This advanced facial offers a powerful combination of lactic acid with AHA and Vitamin C. Ideal for targeting uneven skin tone, fine lines, wrinkles and dullness. It safely and effectively removes the thickening layer of the epidermis, revealing an incredibly radiant, even complexion.

Sublime Skin

your **Anti-Ageing** solutions

Every age has its beauty

Discover the new Sublime Skin Hormon-ageing products and facial, specifically designed for menopausal skin, Clinically proven to provide ultimate comfort and cellular regeneration thanks to the exclusive Cell-Support technology.

"The ultimate treatment to counter skin thinning, extreme dryness and loss of density due to menopause. The exclusive Cell-Support Technology™, innovative oil- based textures and two special massage techniques, Dermal Petrissage and Kobido, reactivate cellular communication, regenerate and redensify the skin."

Facial Treatment (90 Minutes) £95



[**comfort zone**]

SKIN SCIENCE SOUL

THE JOY OF BEAUTY



Hormones & Ageing

ultimate cellular regeneration

Anarchy in the skin

At skin level, the main distinctive consequences of the hormonal deficiency are extreme dryness, loss of density and thinning skin, together with an acceleration of the typical signs of ageing, such as wrinkles and sagging.

Sublime Skin Hormon -Ageing is a redensifying, regenerating and nourishing line specifically designed for menopausal skin. With the new Cell-Support Technology and precious oil-based textures, it restores the skin's optimal functionality and contrasts cellular anarchy due to the hormonal decrease.

A day and night routine that revitalizes cellular communication, promotes skin regeneration and stimulates the activity of vitamin D, for a deeply nourished, denser and fuller skin.



Face & Body

your **express** to longevity

Skin Regimen

The perfect antidote to modern fatigue and urban lifestyle, this facial is the ideal solution for urbanites with stressed skin, showing the first signs of aging. Customizable to correct dullness, dehydration, depletion and wrinkles, it deeply renews the skin and leaves it exceptionally glowy and healthy looking thanks to the combination of AHA and result-oriented boosters.

The efficacy of the formulas, enriched with the exclusive Longevity Complex™, is enhanced by the reinvigorating Natural Aroma, the patented Macro Waves Sound™, and the unique synergy of Qigong relaxing techniques and Rolling Roullage Massage.

Urban Longevity Facial (30 Minutes) **£40**

Urban Longevity Facial (60 Minutes) **£80**

your **organic** choice

An organic, all natural treatment for face and body which provides deep nourishment and anti-ageing protection for all skins with products formulated according to Ecocert® guidelines.

Sacred Nature Face (45 Minutes) **£50**

Sacred Nature Body (45 Minutes) **£50**

Sacred Nature Face and Body (90 Minutes) **£90**



Body Strategist+

your firm-tone-elasticise solution

The perfect anti-aging treatment for firming, toning and elasticizing the skin. A bespoke body wrap, with either remineralizing thermal waters in a creamy mud, or nourishing and elasticizing active ingredients enveloped in a cocooning mask, will deeply renew the skin and promote collagen synthesis.

Elasticizing Biphasic Mask Therapy (60 Minutes) **£60**

Remineralizing Grotta Giusti Thermal Mud Treatment (60 Minutes) **£60**

Body

your maternity time

New Life Massage (60 Minutes) **£60**

A nourishing, firming, elasticising treatment to ensure the skin remains supple during this time of transformation. A complete face and body massage that will ensure an overall sense of well-being and relaxation.



your slimming-cellulite-detox solution

Personalized treatment aimed at reshaping, slimming and sculpting the most troublesome areas, along with specific steps to target cellulite, even the most resistant! The perfect compliment to your diet and exercise routine.

Detoxifying Aromatherapy Wrap (60 Minutes) **£60**

Draining and Slimming Bagni Di Pisa Thermal Mud Therapy (60 Minutes) **£60**

Intense Slimming Thermogenic Attack Therapy (60 Minutes) **£60**

Reshaping Marine Peel Off Mask Treatment (60 Minutes) **£60**

Spa Rituals

Exceptional massage rituals offering unique restoring experiences for body and soul.

Tranquillity Face and Body Ritual (60 Minutes) **£75**

A unique sensorial and aromatic wellbeing ritual for the face and body aimed at favouring complete relaxation of mind and body. Experience a profound sense of well-being that results in relaxed muscles, improved circulation and visibly oxygenated, luminous and nourished skin.



Aromasoul Elements Massage (60 Minutes) **£60**

A unique massage ritual that takes you on a journey through four distinct worlds, the exotic orient, the warmth of the Mediterranean, the vibrant world of India and the ancient culture of desert tribes, for a complete sensorial experience.

Each journey begins with your choice of essential oil blend:

ORIENTAL: Soothing, calming and anti-stress.

MEDITERRANEAN: Draining, toning and energising.

INDIAN: Soothes and relieves muscle aches and pains, stimulates circulation.

ARABIAN: Restoring and strengthening.

Back Neck and Shoulder Massage (45 Minutes) **£30**

Aromasoul Ritual Scrub (45 Minutes) **£35**

This renewing volcanic scrub ritual uses minute lava particles combined with nourishing karite butter and enhanced with your chosen essential oil blend to smooth and soften the skin leaving it radiant. An ideal complement to the aromasoul elements massage.



Pro-Sleep Massage (60 Minutes) **£70**

If you suffer from insomnia or troublesome sleep, try our Tranquillity™ Pro-Sleep Massage: close your eyes and breathe cedarwood and sweet orange essential oils, in a sensorial path that induces a state of deep rest and a balanced, regenerated mind.

Salon Treatments

Combining expert techniques of waxing, threading, shaping and colouring you can be assured we can create a perfect brow just for you.

This unique eyebrow salon service is suitable for everyone who desires perfectly styled brows whatever their age, face shape or image.

Hi Brow **£25**

your **epilation** services

Soft Sense Waxing

An effective, yet delicate approach to traditional epilation using high quality waxes and advanced active ingredients to slow down hair growth and prolong the results of waxing.

Full Leg Wax **£25**

Half Leg Wax **£15**

Bikini Line **£9**

Under Arm **£9**

Eye Brows **£10**

Brow Tint **£5**

Lash Tint **£10**

Lip and Chin Wax **£8**



Hands & Feet

ritual for hands and feet

Lushly Pedicure (including nail paint) **£40**

Lushly Manicure (including nail paint) **£30**

Treatments include Glycoactil accelerating gel, revitalising mud, hot steam towels, hand and arm or foot and leg massage, followed by paraffin wax, and relieving body resource bandages for feet and lower legs. The treatments is inspired be an ancient Polynesian ritual of well being.

Luxury Pedicure (including nail paint) **£27**

Luxury Manicure (including nail paint) **£22**

Hollywood Lashes

Individually applied to create a natural full and glamorous effect (90 minutes) **£50**

Make-up

For Weddings, Proms, Special Occassions (45 Minutes) **£35**

Make-up Lesson

One to one tuition, cleanse, tone and moisturise then make up application guidance. **£35**

ORLY Vitamin infused GEL FX

Power packed with vitamins, ORLY Gel FX is no ordinary gel manicure system. Antioxidant Vitamins A and E help to promote healthy nails while Pro-Vitamin B5 protects the structure of the natural nail.

The 3-in-1 Cleanser, Primer, Basecoat and Cuticle Oil are all infused with vitamins to build strength. This revolutionary ORLY formula nourishes nails with healthy ingredients for durability, strength and shine.

ORLY leads the way for colour, its superior selection ranges from sophisticated neutrals to glittering metallics and vibrant shades of blue, purple, pink and red. **£25**



Best sellers are also colour matched to ORLY polish.
£25 Per Treatment.

Man Space

your **face** and **body**

Hydrate

Hydra Performance (60 Minutes) **£50**

An active treatment for dry and dehydrated skin, compromised by biological and environmental stress, frequent flying, exposure to sun and extreme weather conditions. Encourages deeply hydrated, extremely smooth and compact skin.

Renew / Nourish / Anti-Aging

Anti-age Performance (60 Minutes) **£50**

For those men who are concerned with ageing this active facial treatment combats wrinkles and expression lines, encouraging cellular turnover. Skin is left feeling rejuvenated and revitalised.

De-Stress

Total Body Performance (75 Minutes) **£70**

A complete body massage using powerful essential oils and deep tissue massage movements to provide a powerful ritual. Aching muscles and tension are reduced, restoring energy to mind, body and soul.

De-Stress / Nourish

Upper Body Performance (60 Minutes) **£50**

This therapeutic and nourishing treatment includes an intensive back, neck and shoulder massage, a deeply relaxing scalp massage and a skin soothing facial.



Body Treatments

hot stone massages

The therapeutic and healing use of hot stones has been practiced for centuries in many cultures, including China, Japan, Native America, South America, Africa, India and Egypt. Stones have been used to diagnose and treat disease, treat nervous disorders and relieve anxiety. They were used in ceremonial rites, such as sweat lodges and for medicine wheels, and they were also used by women to ease the discomfort of menstruation and labour during childbirth.

[comfort zone] Hot stone massage is primarily a massage treatment, which combines the thermodynamic benefits of the heated stones with the personal therapy of touch.

[comfort zone] Hot stone massage treatment is:

- Physical relaxation and pain relief
- Mental stress relief and quieting of the mind
- Energetic opening, activation of energy flow

The type of stone we use is called Mexican Basalt. Basalt is an extremely dense igneous rock, attributed to the constant heating and cooling repeated volcanic eruptions. Subsequent continual erosion in riverbeds leads to the smooth surface. These stones are extremely dense, with high level of magnesium and iron. The density permits a slow release of heat, and also benefits the hands of the therapists while treating the client!

Back Neck and Shoulder (45 Minutes) **£35**

Full Body (90 Minutes) **£70**



Body Treatment

your salt massage

Incredible Detoxifying Results

An extraordinary ancient ritual for the body which begins with body massage using warm Himalayan salt stones, which immediately bestow relaxation, alleviating tension, stress and anxiety. The treatment then proceeds with an exhilarating salt scrub, a combination of the precious pink Himalayan salt with a nourishing aromatic oil to completely detoxify the body, ease aches and pains, stimulate the metabolism and restore vitality and balance.

Treatment completed with the application of comfort zone body cream.

**The New Himalayan
Salt Massage Treatment (70 Minutes) £60**



The Courtyard

Beauty Salon

Lillie House

13 Violet Close

Cleethorpes, North East Lincolnshire
DN35 0SP

Tel:01472 594 692 - Mobile:07788 612 798

jayne@courtyardbeautysalon.com

www.courtyardbeautysalon.com



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24 Hour Cancellation Fee