# [ comfort zone ]

**BODY ACTIVE** 

your fitness assistant

SYSTEM DOSSIER



# FITNESS FOCUS

Interest in fitness is constantly growing: it has become a priority and an integral part of the daily life of women and men of all ages. Regular physical activity together with a balanced lifestyle and a targeted cosmetic routine are indeed essential for a well-defined and fit body. More and more people try to find some free time between their commitments to dedicate themselves to the practice of their favorite sports. This new trend is stirring the cosmetic research towards products that can adapt to this active lifestyle and strengthen its results!

# SPORT: TO EACH THEIR OWN!

There are those who look forward to getting home from work or school and putting on their sneakers to go jogging in the park; there are those who regularly work out at the gym and those who instead do the whole week's physical activity during the weekends. For the wellbeing of body and mind and to keep motivation high, it is important for each one to choose their favorite activity. Physical activity will always have an action on microcirculation, lipolysis and body tone, irrespective of whether we do aerobic or muscle strengthening exercises. Combining the use of products that can favor circulatory and metabolic processes increases work-out effectiveness and leads to more visible results in less time.

# WHAT'S NEEDED TO MAXIMIZE PERFORMANCE?

Including physical activity in the daily routine is both important and simple. Thirty minutes two to three times a week are enough to generate beneficial effects on our health and fitness.

AEROBIC ACTIVITIES (fast walking, jogging, swimming, specific courses) have the main purpose of stimulating cardiovascular and metabolic functions. Favoring microcirculation and increasing the temperature in the areas we want to reduce, promotes a process of lipolysis, releasing fatty acids from the fat cells that can be used as a source of energy. After aerobic activity it is important to extend the lipolytic action which has already been activated before, so that it can be combined with an antioxidant action to contrast the free radicals produced during physical exercise.

STRENGTHENING ACTIVITIES have the main purpose of invigorating and increasing the muscle mass, which is essential to have a harmonious and healthy body. Also in this case it is important to increase the microcirculation in the areas where we want to act in a specific way to increase oxygenation and to provide a larger amount of nutrients that are useful for optimal muscle performance. Furthermore, stimulating a temperature increase in an area enables the muscle to be more receptive to the type of activity carried out. After a strengthening work-out, it is important to keep circulation active to allow an effective muscle recovery and development, and to contrast the free radicals produced following an intense muscle work and to provide nutrients to stimulate tone.

In conclusion, in both cases efficacy can be improved and results can be even more visible in a shorter time by combining physical activity with the use of cosmetic products capable of promoting the activation of circulatory and metabolic processes.

PHASE	COSMETIC ACTIONS RECOMMENDED
BEFORE AND DURING SPORT	Increasing the temperature in the critical areas, increasing the production of energy, and the lipolytic and microcirculatory activities.
AFTER SPORT	Regenerating tissues, protecting from the oxidative damage stimulated during sports activities, promoting microcirculation, lipolytic action and tissue stimulation for a complete invigorating effect.

# BODY ACTIVE ACTIVATING ENERGIZING INVIGORATING

The new BODY ACTIVE line is dedicated to those who want to intensify their sports activity for a well-defined and fit body. A unisex approach in three steps that is made up of practical solutions, suitable for an active lifestyle and with targeted functions to be used BEFORE, DURING AND AFTER WORK-OUT for faster and more visible results. BODY ACTIVE: your fitness assistant.

Following our SCIENCE-BASED CONSCIOUS FORMULAS<sup>TM</sup> approach, our formulas are free from silicones, parabens, artificial colors, animal products and mineral oils. Dermatologically tested, they are supported by specific efficacy tests.

The BODY ACTIVE packaging is highly sustainable and has a zero  $\mathrm{CO}_2$  impact: the emissions generated by its production process are offset by a reforestation project that releases new oxygen into the atmosphere. Tubes are in Green PE, a plastic made from sugarcane, and the paper used for outer packaging is FSC certified, coming from forests managed responsibly. The new bright aquamarine color conveys an active and sporty image, just like the new natural, fresh and invigorating fragrance.

# **ACTIVE INGREDIENTS**

# MACA POLYPHENOLS

From a small Peruvian herbaceous plant that grows in semi-desert areas, exposed to strong temperature changes characterized by strong sun rays and high temperatures during the day and harsh conditions at night. This extract carries out a triple action: it is lipolytic (it burns fat), stimulates microcirculation (it oxygenates tissues) and synthesizes collagen (invigorating). Also known as Peruvian Ginseng, Maca has an energizing and adaptogenic action if used orally. For cosmetic use, the high content of polyphenols makes it ideal as an active solution to reshape the silhouette.

# PLANKTON EXTRACT

The biotechnological extract obtained from a micro-organism native to Bermuda mimics one of the mechanisms that is normally activated during physical exercise and favors the release of adiponectin, a protein synthesized by adipose tissue cells. The ratio between protein levels and the amount of fat mass is clear: it is indeed much lower in obese people than in people having a normal weight, and the more sedentary the lifestyle, the lower it becomes. The extract activity can promote a 68% release of adiponectin and enable a 48% mitochondrial activity of muscle fibers.

# YELLOW CLAY FROM BRAZIL

Clay is a natural mineral made up of extremely fine particles of silicates and several trace elements. Clays can feature different concentrations of titanium, magnesium, copper, zinc, aluminium, calcium, potassium, nickel, manganese, lithium, sodium and iron. Every clay is thus unique, the result of a specific composition that draws its characteristics from soil, water and climatic processes. Yellow clay from Brazil is rich in active yellow organic minerals and magnesium for an effective recovery of mineral salts, essential after physical activity.

# SCIENCE-BASED CONSCIOUS FORMULAS<sup>TM</sup>

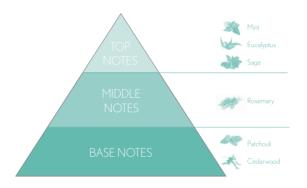
Cosmetic products feed and nourish the skin. For this reason we pay close attention to what goes into our formulas. We select the finest natural-origin active ingredients, molecules and cutting-edge technological systems for delivering them. Every ingredient is chosen carefully to ensure maximum effectiveness and safety, and that it is pleasant to use. The silicones have been replaced with natural oils and butters that afford the same silkiness and softness for a "real active beauty" on the skin. Our products are made in Italy using electricity from renewable sources. The  $\mathrm{CO}_2$  neutral packaging has been designed to minimize its environmental impact, reducing the use of raw materials and superfluous elements.



SUSTAINABLE PACKAGING OFFSETTING OF CO<sub>2</sub> 100% PAPER FROM FORESTS MANAGED RESPONSIBLY

# **OLFACTORY NOTE**

The energizing blend of essential oils made up of balsamic aromatic notes in a woodsy base stands out for its sparkling and pleasantly distinctive character, ideally matched to an active and sporty lifestyle. The aromatic notes of mint, eucalyptus and sage are a clear reference to the Mediterranean tradition, and with their freshness they promote an invigorating and stimulating action that strongly regenerates the mind and encourages the desire to work out. The rosemary essential oil strengthens the blend's freshness and enriches it with an antioxidant property, ideal for recovery after physical activity. Patchouli and cedarwood bind the blend in a harmonious base that brings the overall aroma to life, completing the wellbeing action and giving an unexpected and refined touch to the blend.



# HOME CARE

The home care range features 3 products: BODY ACTIVE BOOSTER, localized activator before work-out, BODY ACTIVE SHOWER SCRUB, for energizing cleansing after work-out, and BODY ACTIVE CREAM, to moisturizes and extends work-out benefits.

# PROFESSIONAL TREATMENT

The new professional treatment is a true alternative to a work-out session at the gym. The efficacy of the BODY ACTIVE MASSAGE MASK, a body mask made with Yellow Clay from Brazil enriched with a Plankton extract to stimulate metabolism, is strengthened by an exclusive energizing and remodelling MASSAGE.

# INTEGRATED APPROACH



BODY ACTIVE proposes an approach that combines the use of home care products with in-spa treatments and nutritional, lifestyle and fitness tips to maximize the results of physical activity, for a visibly more toned and fit body in less time.

# FITNESS BEAUTY ROUTINE

ROUTINE

# 1st STEP TO BE USED BEFORE AND DURING WORK-OUT IN CRITICAL AREAS BOOSTER 2nd STEP TO BE USED AFTER WORK-OUT IN THE SHOWER SHOWER SCRUB 3rd STEP TO BE USED AFTER THE SHOWER AND EVERY DAY AFTER WORK-OUT

# DIET AND PHYSICAL ACTIVITY

A MEAL BEFORE PHYSICAL ACTIVITY should be light and take into account that muscles need a higher blood flow, therefore this demand should not be put on the digestive system in the form of a rich or heavy meal. The meal should be low fat, it should be based on carbohydrates and with a small amount of protein. There are ENERGY BARS that already contain balanced nourishing elements; just pay attention to the sugar content that is often high to improve taste. In the market there are also excellent snacks sweetened with stevia or dates, which reduces the amount of simple sugar contained.

CREAM

DURING PHYSICAL ACTIVITY, THE BODY ESPECIALLY NEEDS WATER to prevent the dehydration that is often associated with aerobic activities and heavy sweating. Finally, in the case of activities with extended intense effort (marathons, triathlons), fast-release carbohydrate gels are recommended.

EATING AFTER WORK-OUT is aimed at recovering and recharging energy. However, it is advisable to wait 30-40 minutes before eating to enable the process of elimination of the toxins produced to be completed. The meal should consist of CARBOHYDRATES to exploit the release of insulin following physical activity, but also of PROTEIN in order not to use muscle protein with a resulting undesired damage to muscle fibers. An example, wholegrain pasta with vegetables and Parmigiano cheese, meat or fish with vegetables and wholegrain bread.

# RESTORING THE MINERAL SALTS LOST

Fruit and vegetable extracted juices (apple, cucumber, fennel) help the body to restore the hydrosaline balance after work-out.

# BODY ACTIVE HOME CARE

BOOSTER localized activating concentrate



pH 5 - 5.5

PACK AGING roll-on tube SIZE 100 ml

# **PRODUCT**

Intensive treatment with a thermogenic action: it prepares muscles for sports activities and increases lipolysis during work-out. The practical roll-on applicator enables a targeted application. SCIENCE-BASED CONSCIOUS FORMULASTM silicone-free, fragrance-free and made with 96% natural-origin ingredients.

# **CHARACTERISTICS**

Formula designed to be applied before work-out. Quick to apply and absorb, the balanced thermogenic action improves microcirculation without undesired effects, increases tissue oxygenation and the absorption of active ingredients. Fragrance-free, and ideal for men and women.

# STRENGTHS

BALANCED THERMOGENIC ACTION
INCREASES LIPOLYSIS DURING WORK-OUT
PACKAGING WITH APPLICATOR FOR LOCALIZED ACTION
(abdomen, buttocks, knee area)
UNISEX
FRAGRANCE-FREE

# **HOW IT WORKS**

THERMOGENIC COMPLEX (VANILLYL BUTYL ETHER) This complex generates a sensation of balanced beneficial heat without undesired effects, such as irritation or itching.

CAFFEINE 1.5% and CARNITINE Their synergistic action favors the mobilization of fat and promotes its entrance into the mitochondria to increase the production of energy which leads to a remodelling action. The ideal mechanism for treating localized areas with adipose accumulations.

# **HOW TO USE**

Before starting your work-out session, apply a thin layer of product and using the applicator massage the critical areas with adipose accumulations: abdomen, buttocks and knee area.

# WARNINGS

In case of pregnancy or breastfeeding, consult your physician before use. Because of its thermogenic action, it is recommended to apply the product with the specific applicator. If you massage the product with your hands, wash them thoroughly before touching face and eye area.

# **EFFICACY TEST**

2% increase of skin temperature after 30 minutes.

- +47% increase of hyperthermic areas after 15 minutes.
- +76% increase of hyperthermic areas after 30 minutes.



BODY ACTIVE SHOWER SCRUB



BODY ACTIVE

# BODY ACTIVE HOME CARE

SHOWER SCRUB energizing foaming scrub



pH 5 - 5.5

# PACKAGING

flip top tube SIZE 200 ml

# **PRODUCT**

Shower scrub gel with natural exfoliating particles of Black Rice, Green Tea leaves and Matcha Tea. It favours effective cleansing, ideal to purify the body and regenerate the mind after work-out. SCIENCE-BASED CONSCIOUS FORMULAS<sup>TM</sup> silicone-free, without synthetic scrub particles and made with 85% natural-origin ingredients.

# **CHARACTERISTICS**

The natural particles of Black Rice, Green Tea and Silica have different grain sizes that are ideal to allow a gradual and non-irritating exfoliation. The delicate natural aroma of Green Tea Leaves combines with the blend of essential oils of Mint, Eucalyptus, Sage and Rosemary in a base of Patchouli and Cedarwood, chosen for their energizing action on body and mind.

# **STRENGTHS**

ENERGIZING SCRUB CLEANSING NATURAL EXFOLIATION WITHOUT SYNTHETIC PARTICLES NATURAL ENERGIZING AROMA UNISEX

### **HOW IT WORKS**

MATCHA TEA EXTRACT Matcha Tea is considered a "super drink" for metabolism since it acts on the regulation of sugar levels in blood, on the reduction of the amount of insulin produced and on the control of appetite. The extract, rich in epigallocatechin gallate (EGCG), promotes an antioxidant action.

GREEN TEA LEAVES Known for the high content in polyphenols with an antioxidant action. The selected grain size ensures a natural exfoliating action that is well-tolerated by the skin.

BLACK RICE PARTICLES Black Rice, thanks to its high content of amino acids, iron, zinc, copper and carotene, is considered a "super food". The dark color is mainly due to anthocyanins, dark red pigments with an antioxidant action. The Black Rice particles with their characteristic dark color ensure a natural and effective exfoliation.

PURE SILICA PARTICLES enable an even body exfoliation.

# **HOW TO USE**

Apply the product to wet skin and massage. Rinse off in the shower.

# RECOMMENDED

After work-out to purify, oxygenate and energize body and mind.





CREAM firming antioxidant cream



pH 5 - 5.5

# PACKAGING flip top tube

SIZE 200 ml

# **PRODUCT**

Invigorating, lipolytic and antioxidant body treatment. With Maca and Matcha Tea, it regenerates the skin after work-out and extends its benefits. The fresh, light texture is characterized by a natural aroma designed to energize body and mind. SCIENCE-BASED CONSCIOUS FOR-MULASTM silicone-free and made with 94% natural-origin ingredients.

# **CHARACTERISTICS**

Ideal at the end of physical exercise, it contrasts the free radicals generated during exercise and extends the invigorating effect. Polyphenols from Maca, a Peruvian plant with adaptogenic properties, combined with a blend of energizing essential oils, stimulate a firming and remodelling action.

# **STRENGTHS**

TONING ACTION
STIMULATES LIPOLYSIS
EASY AND RAPID USE
NATURAL ENERGIZING AROMA
UNISEX

### **HOW IT WORKS**

MACA POLYPHENOLS Maca, also known as the Ginseng from the Andes, is used in supplements for its remarkable adaptogenic properties. It indeed increases the body's capacity to adapt to stressors of different nature (physical, psychological, caused by work, sport, etc.). The extract, a polyphenol concentrate, maximizes the efficacy of physical activity. It stimulates lipolysis, the synthesis of collagen and microcirculation for a general firming action.

MATCHA TEA EXTRACT Matcha Tea is considered a "super drink" for metabolism since it acts on the regulation of sugar levels in blood, on the reduction of the amount of insulin produced and on the control of appetite. The extract, rich in epigallocatechin gallate (EGCG), promotes an antioxidant action.

# **HOW TO USE**

Massage the product on the entire body, focusing on the areas that are more prone to loss of tone. It absorbs quickly leaving a pleasant sensation of smoothness and wellbeing.

# RECOMMENDED

For all skin types after work-out.

# EFFICACY TEST

Skin elasticity improves by 7% after 28 days of product application.





**PROFESSIONAL** 

MASSAGE MASK firming clay mask



pH 6 - 7.5

PACKAGING tube SIZE 400 ml

# **PRODUCT**

Massage mask made with Yellow Clay from Brazil and Plankton Extract with an invigorating, remodelling and remineralizing action. SCIENCE-BASED CONSCIOUS FORMULAS<sup>TM</sup> silicone-free and made with 98% natural-origin ingredients.

### **CHARACTERISTICS**

A versatile product that can be applied both as a mask and as a massage product. Yellow Clay from Brazil contributes to remineralizing tissues, which is fundamental after intense perspiration brought about by an intensive work-out. Plankton extract improves lipid metabolism. Ideal to be included in fitness and remodelling programmes to strengthen their efficacy.

# **STRENGTHS**

TWO-IN-ONE PRODUCT: MASK AND MASSAGE
REMINERALIZING
REMODELLING
IDEAL ENHANCEMENT OF FITNESS AND REMODELLING
PROGRAMMES
FRAGRANCE-FREE

# **HOW IT WORKS**

YELLOW CLAY FROM BRAZIL It is a natural mineral made up of extremely fine particles of silicates and several trace elements. This type of clay is rich in active yellow organic minerals and magnesium for an effective recovery of mineral salts, essential after physical activity. PLAKTON EXTRACT It stimulates the release of adiponectin, a protein that is normally produced during aerobic work-out to control metabolic processes. Adiponectin improves mitochondrial efficiency and, as a consequence, the production of energy and the metabolism of muscle fibers.

# **HOW TO USE**

Apply a thin layer of product on legs and buttocks, abdomen and arms. Leave on for 10 minutes to enable the active ingredients to penetrate. To boost its action, treated areas can be wrapped in plastic sheeting. After application, proceed with stimulating massage techniques, and then proceed with towel removal using damp towels. For more details follow the instructions on the technical treatment sheet.

# RECOMMENDED

For all skin types. Ideal after work-out, it can also be used for anti-cellulite or revitalizing treatments.



BODY STRATEGIST PEELING



BODY STRATEGIST MASSAGE OIL



BODY STRATEGIST D-AGE

MASSAGE

# PURPOSE OF THE TREATMENT

Intensive remineralizing, remodelling and firming treatment with an innovative body mask made up of Yellow Clay from Brazil and Plankton extract. Its efficacy is boosted by an exclusive massage that combines the use of Tui-Na techniques. Ideal for combining with a fitness programme or to be included in an anti-cellulite and firming programme.

# **RECOMMENDED**

For those who practice sports activities and want to boost remodelling effects and, at the same time, favor cooling down, toxin elimination, muscle tone and balance. It is also ideal as a concluding treatment in anti-cellulite cycles.

### **BENEFITS**

Remodelling and firming. Reduces muscle tension and remineralizes. Stimulates and oxygenates tissues.

# **DURATION**

50 min.

# PROFESSIONAL PRODUCTS

TRANQUILLITY™ BLEND
BODY STRATEGIST PEELING
BODY ACTIVE MASSAGE MASK
BODY STRATEGIST MASSAGE OIL
BODY STRATEGIST D-AGE CREAM

# **WARNINGS**

Do not use if pregnant because of the presence of essential oils.

# TREATMENT STEPS

# **OPENING**

1. Begin the treatment with the TRANQUILLITYTM WELCOME RITUAL

# SKIN PREPARATION

 $2.\ \mbox{Apply BODY STRATEGIST PEELING}$  to the entire body and allow its complete absorption.

# TREATMENT

- 3. Apply a thin and even layer of BODY ACTIVE MASSAGE MASK to legs, arms and abdomen. Wrap in a plastic sheet and keep the body covered to favor product penetration.
- 4. Leave on for approximately 10 minutes. During this time, massage neck and/or head. Open the plastic sheet and massage for another 10 minutes, following the steps described in the BODY ACTIVE Massage Dossier.
- 5. Apply 5ml of BODY STRATEGIST MASSAGE OIL to all the areas treated, then start massaging with the appropriate massage techniques. 15 minutes for each side.

# FINAL TOUCH

 $6.\ Finish$  by applying 5ml of BODY STRATEGIST D-AGE CREAM on the legs, massaging with upward movements until completely absorbed.

# **CONCLUSIONS**

Offer a cup of matcha tea or a Longevity Juice together with the prescription card with the products recommended to extend the treatment benefits at home.



MACA POLYPHENOLS with triple action: lipolytic, stimulates microcirculation and invigorates.

YELLOW CLAY FROM BRAZIL is rich in active yellow organic minerals and magnesium for an effective recovery of mineral salts, essential after physical activity.

PLANKTON EXTRACT favours the release of adiponectin, a protein synthesized by adipose tissue cells for an intense lipolytic action.

	PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	SELLING TIPS	ASSOCIATED PRODUCTS
ACTIVATOR BEFORE WORK-OUT	BODY ACTIVE BOOSTER pH 5-5.5 100 ml	balanced thermogenic treatment  prepares muscles for sports activities  increases lipolysis  fragrance-free  unisex  96% natural-origin ingredients	THERMOGENIC COMPLEX generates heat, improves microcirculation and stimulates metabolism  CAFFEINE (1.5%) AND CARNITINE remodelling action	lipolytic and remodelling effect	before sports activities, apply to critical areas use specific applicator	BODY ACTIVE SHOWER SCRUB  BODY ACTIVE CREAM
CLEANSER ENERGIZING AFTER WORK-OUT	BODY ACTIVE SHOWER SCRUB pH 5-5.5 200 ml	shower scrub without synthetic particles 85% natural-origin ingredients	BLACK RICE PARTICLES gentle and natural exfoliating action  MATCHATEA EXTRACT rich in epigallocatechin gallate antioxidant action	purified, oxygenated, energized skin	after work-out to keep the energizing effect	BODY ACTIVE CREAM  BODY ACTIVE BOOSTER
INVIGORATING AFTER WORK-OUT	BODY ACTIVE CREAM pH 5-5.5 200 ml	invigorating and energizing cream 94% natural-origin ingredients	MACA POLYPHENOLS stimulate lipolysis and collagen production  MATCHATEA EXTRACT rich in epigallocatechin gallate antioxidant action	extends the invigorating effect of physical activity skin is compact and revitalized, it energizes body and mind	unisex, ideal after work-out, invigorating and remodelling effect	BODY ACTIVE SHOWER SCRUB  BODY ACTIVE BOOSTER



MACA POLYPHENOLS with triple action: lipolytic, stimulates microcirculation and invigorates.

YELLOW CLAY FROM BRAZIL is rich in active yellow organic minerals and magnesium for an effective recovery of mineral salts, essential after physical activity.

PLANKTON EXTRACT favours the release of adiponectin, a protein synthesized by adipose tissue cells for an intense lipolytic action.

PRODUCTS	DESCRIPTION	INGREDIENTS AND ACTIONS	RESULT	TIPS AND NOTES
BODY ACTIVE MASSAGE MASK pH 6-7.5 400 ml	2 in 1 versatile product that can be applied both as a mask and as a massage product fragrance-free 98% natural-origin ingredients	YELLOW CLAY FROM BRAZIL remineralizing  PLANKTON EXTRACT stimulates metabolism and cell energy consumption	toned, invigorated and remodelled tissues	ideal after physical activity and recommended for anti-cellulite cycles

# BODY ACTIVE AT A GLANCE - TREATMENT

MACA POLYPHENOLS with triple action: lipolytic, stimulates microcirculation and invigorates.

YELLOW CLAY FROM BRAZIL is rich in active yellow organic minerals and magnesium for an effective recovery of mineral salts, essential after physical activity.

PLANKTON EXTRACT favours the release of adiponectin, a protein synthesized by adipose tissue cells for an intense lipolytic action.

NAME	AIM	INGREDIENTS AND RESULTS	SELLING TIPS	NOTES
BODY ACTIVE MASSAGE 50 min.	intensive action remineralizing, remodelling and invigorating	the synergy of Yellow Clay from Brazil, Plankton extract and massage sculpts the figure and acts on critical areas.	ideal for sports enthusiasts and any kind of exercise routine, can be combined with invigorating and anti-cellulite treatments.	do not use in pregnancy

**GLOSSARY** 

**ADAPTOGENIC** 

Helps body respond effectively to stress.

**ADIPONECTIN** 

Protein synthesized by adipose tissue cells; it is found in lower concentrations when there is a high fat mass content.

BLACK RICE

The high content of amino acids, iron, zinc and copper make it a highly nourishing element. It also contains anthocyanins and red pigments with an antioxidant action.

**BOOSTER** 

With an intensive action, it optimizes the action of the products used afterwards.

**CAFFEINE** 

It induces fat mobilization and has a draining effect.

**CARNITINE** 

Increases the use of energy, thereby preventing fat accumulation.

EGCG (epigallocatechin gallate)

Contained in matcha tea extract, it carries out a strong antioxidant action.

LIPOLYSIS

Fat degradation process.

MACA POLYPHENOLS

They stimulate lipolysis and collagen synthesis.

MASSAGE MASK

Versatile product that can be applied both as a mask as well as massaged.

MATCHA TEA EXTRACT

Antioxidant action given by the EGCG content.

**PERFORMANCE** 

Optimal body response during physical activity.

PLANKTON EXTRACT

It stimulates the release of adiponectin, which is released during physical activity, inducing an improvement in the energy consumption of cells.

THERMOGENIC ACTION

The development of heat during the application of a product.

THERMOGENIC COMPLEX

It develops a sensation of heat without irritation or itching.

YELLOW CLAY FROM BRAZIL

Restores mineral salts in cells improving their metabolic activity.

NOTES	



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